

First 5 Commission of San Diego
TECHNICAL AND PROFESSIONAL ADVISORY COMMITTEE
 February 23, 2009
 2:00 p.m. - 4:00 p.m.
County Administration Center
1600 Pacific Highway, Room 302/303
San Diego, CA 92101

Members Present

Carol Skiljan, Chair
 Kristin Gist, Vice Chair
 Fran Butler-Cohen
 Mark Foreman
 Jack Luomanen
 Debbie Macdonald
 Annamarie Martinez
 Gene Nathan
 Ruth Newton
 Ron Plotkin
 Judith Chaplin
 Linda Scarpa
 Patricia Sinay
 Lindsey Wade
 Phillip Ziring

Members Excused

Michael Carr

Staff Present

Laura Spiegel
 David Smith
 Lauren Chin
 Lynn Eldred
 Grace Young
 Martin Cherry
 Nila Breuhan

MEETING SUMMARY

ITEM	SUBJECT
1	Call to Order Chairwoman Skiljan called the meeting of the Technical and Professional Advisory Committee to order at 2:06 p.m.
2 Information	Opportunity for Public Comments There were no public comments received.
3 Action	Approval of Minutes of November 17, 2008 ON MOTION OF TPAC member Gist, seconded by TPAC member Newton, TPAC approved the minutes of November 17, 2008, as corrected. Corrected the spelling of disregulation to “ dysregulation. ”
4 Information	Staff Updates <i>At the request of Chairwoman Skiljan, the order of the agenda was changed and this item was heard before the discussion of the Strategic Planning Needs Assessment.</i> Executive Director Spiegel reported that the State Legislature passed a budget and a number of implementing bills, including ABX3 17, which will divert Prop 10 funds if approved by voters. Ms. Spiegel shared written information on the bill prepared by the First 5 Association of California, including its analysis of the provisions of the legislation. This information has also been shared with the Commission and the Finance Committee. A web address to send questions to and find more information about the bill was also provided. Commission staff will be compiling a Frequently Asked Questions (FAQ) document that can be updated as new information becomes available. ABX3 17 bill will go before the voters as

	<p>Proposition 1D in a special election on May 19. The legislature has adopted the following title and summary for the ballot measure:</p> <p>“CHILDREN’S SERVICES FUNDING. Temporarily provides greater flexibility in funding to preserve health and human services for young children while helping balance the state budget in a difficult economy.”</p> <p>“PROTECT CHILDREN’S SERVICES FUNDING. HELPS BALANCE STATE BUDGET.”</p> <p>Provides more than \$600 million to protect children’s programs in difficult economic times. Redirects existing tobacco tax money to protect health and human services for children, including services for at-risk families, services for children with disabilities, and services for foster children. Temporarily allows the redirection of existing money to fund health and human service programs for children 5 years old and under. Ensures counties retain funding for local priorities. Helps balance state budget.”</p> <p>TPAC discussed the clarity, intent and ambiguity of the bill, noting in particular the ambiguity on the definition of “direct services.” County Counsel Smith noted that the legislative intent is clear regarding the amount of the funds to be redirected.</p> <p>The timing of the strategic planning process in light of the fast emerging ballot measure was discussed. Executive Director Spiegel said the Commission will prepare for the possibility of losing more than 50% of its funds. The Commission encumbered \$60 million in safety net investments in the last two months. It has reserves and will be working on strategies on how best to prioritize its investments.</p> <p>TPAC members discussed the potential impact of the legislation, including the similarity in the existing restrictions concerning supplantation contained in the Mental Health Services Act, and the potential need to develop recommendations for the Commission.</p> <p>The strategic planning process will assist in being proactive and identifying priorities. The Commission, TPAC and input from parents, providers, and others has provided leadership and valuable insight.</p> <p>There was a discussion of potential First 5 public activities and efforts in this period. County Counsel Smith advised that First 5 funds are state funds and must not be used to advocate for or against any legislation. In response to a question, Mr. Smith also reminded TPAC members to be careful when participating in an outside meeting that deals with the Commission or TPAC as that meeting could involve a quorum of TPAC members, and may be problematic under the Brown Act.</p>
<p style="text-align: center;">5 Discussion</p>	<p>Strategic Planning Needs Assessment</p> <p>Staff member Chin gave a brief overview of the strategic planning process to date. A draft Needs Assessment Overview has been developed using information from a variety of materials and data sources, including focus groups, interviews, Children’s Report Card, the annual evaluation report, CHIP Needs Assessment and other studies done for the Commission in the recent past. Using those sources, the project team identified needs under the four main goal areas of the strategic planning framework. Under those needs, the team identified strengths and assets in the community, the gaps, what First 5 is doing to address those needs, who else in the community is addressing those needs, and what other resources are available in those areas. For each of the four goal areas, a summary table of the needs was also created that indicates what First 5 is currently doing to address the needs, how much First 5 is investing in addressing the needs, and other entities that contribute to filling in the gaps. TPAC was asked to consider findings from the draft Needs Assessment, including those from the recent Community Engagement activities, and provide input on:</p> <ol style="list-style-type: none"> 1. What are the major needs of young children and their families in San Diego County, both now and into the next six years?

2. What is First 5 San Diego particularly suited to address?
3. What is your top goal in each of our goal areas?
4. What should be the relative emphasis of each of the four strategy areas?

Comments received from TPAC members:

1. What are the major needs of young children and their families in San Diego County, both now and into the next six years?

- Address dysregulation:
 - Prepare child and family for transition after child reaches age 6.
 - Examine whether school systems are prepared to deal with children at school entry
- Consider the systems (home, school, community) that reflect the natural development of the child as three concentric circles with the child in the middle
- Look at child in relation to family and community
 - Importance of care outside the home
 - Child care system quality level is not standardized
 - Kids can be harmed by poor quality care environments
- A need for:
 - Coordinate case management
 - parent training;
 - medical and dental home established early on;
 - coordinated system for prenatal care;
 - need increased referral capacity for follow up to developmental screenings
- Children need to be loved, nurtured, securely attached, in own home or permanent foster home; important to intervene at the point of risk
- Identify the reasons for higher incidence of infant mortality in some populations
 - Issues of poverty, violence and access to services
 - Denti-Cal funding for pregnant women is at risk
 - Shaken baby syndrome needs to be addressed in the hospital before baby goes home as it is a cause of, not only infant mortality, but also significant disabilities
- Need for more trans-agency communication and collaboration as more families need services because of the economy
- Isolated and rural communities are missing many services, including:
 - WIC, breastfeeding support, hospital services, childcare facilities
 - Access to services/treatment in follow up to developmental screening
- Collaborate with Maternal and Child Health to develop widespread approach:
 - Baby-friendly hospitals won't give you breastfeeding support at 6 months,
 - Obesity prevention through parent education in the home
 - Address postpartum depression – every new mom should get one visit
- Integrated health home (medical, dental, behavioral) with coordinated case management
- Support innovation and collaboration
- Parent training:
 - Train service providers so they can work with families
 - Have families feel empowered to advocate for their children
- Look at needs and opportunities
 - Show who else is funding an area and for how much
 - Identify potential funding partners
 - Examine how we help create the relationships that help children succeed
- Need a better idea of what the current capacities are:
 - Able to see what the needs are and who is addressing them, but not necessarily the numbers of kids being served
 - Assess where there is excess capacity and where there are waitlists
 - With the economic downturn, many families may be newly eligible for services or benefits but not aware of them
 - There is increased stress on families; many parents are in situations they were not prepared for

	<ul style="list-style-type: none"> ▪ Need to empower people <ul style="list-style-type: none"> ○ Family coaching ○ Parents knowing how to best support their children ○ Case coordination is especially important <p>2. What is our First 5 organization particularly suited to address?</p> <ul style="list-style-type: none"> ▪ First 5 is one of the most significant developments to come to San Diego, but it is difficult to get the data needed to show what’s really working ▪ Discomfort with being limited to 0 – 5; disconnected from the larger system ▪ Cross Collaboration, build communities, break down silos, and shift mindset from “provide services” to “support communities” ▪ Parent and service provider education is needed around dysregulation ▪ Case management for carrying kids beyond 5 years of age ▪ Funding services that can’t be funded any other way; e.g., mild to moderate delays ▪ Particularly suited to address the whole child and system <ul style="list-style-type: none"> ○ Cross agency coordination and communication ○ Provide a continuum of care ○ Tracking children and parents ○ Bridging gaps - gaps were created between early education and health ▪ Collaboration and coordination i.e. expand inclusion and transition to K-12 ▪ Support services for children with moderate developmental and behavioral delays ▪ Capacity building – First 5 is the only funding stream that allows treating parent and child together ▪ Use media campaigns to impact and model emotional regulation - show healthy routines, handling tantrums, how to support parents, etc. ▪ Funding the gaps that have been identified; seamless entry, treating the whole child ▪ Uniquely qualified to talk about the importance of 0 -5 years ▪ Address prevention across the board with direct services or public messages (i.e. prevention of dysregulation, obesity, post partum depression) <p>Note: Questions 3 and 4 were not discussed by TPAC.</p> <p>Action:</p> <ul style="list-style-type: none"> ❖ If there are any additional comments on the Needs Assessment, as well as input to Questions 3 and 4 please e-mail to Staff Member Chin by Wednesday, February 25. This information will be provided to the Commission at its strategic planning workshop on Thursday, February 26.
6	<p>Future Agenda Items</p> <ul style="list-style-type: none"> ➤ Strategic Planning Update
7	<p>Adjournment</p> <p>Vice -Chairman Gist adjourned the meeting at 4:00 p.m.</p>

NEXT TPAC MEETING
March 30, 2009
2:00 p.m. to 4:00 p.m.
1600 Pacific Highway, Room 302/303
San Diego, CA 92101